

# **SPRING 2022 NEWSLETTER**

## **CCA BOARD**

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# Return to Cottage & CCA Programs- President's Note

Spring is here and summer just around the corner. I'm writing to you from GB and its 27 C today, feels like a summer day in July.

I'm very glad to report that the CCA is on its way back to normal. This year most of the activities that bring us all together will be happening.

The last time I sent a note to you was an appeal for volunteers to help with the regatta and the recreational program. Thank you to those that stepped up to the plate. The regatta will be run by Janet and Rebecca Heisey and Jim Bowden. The tee shirts are delivered, and Jim modelled them at our board meeting this last Wednesday. If you have volunteered before at the regatta please reach out to Jim, Janet or Rebecca. You may contacted directly too as they have the "list".

The recreational program had several young people apply but, in the end, the potential leader was not available, so we can't run a full program. First of all, I want to thank Robyn and Jenna for working very hard as they had to change direction several times. They have provided details on what we can offer in this newsletter. All of the decisions were made with the children's and staff safety as the top priority. One of the decisions we have made is that at the swim beach all children will need to have their parents or guardians always present. This will have the bonus of all the parents getting to visit. It will not be a surprise to many that we will be requiring participants parents to sign a responsibility waiver as directed by our insurance carriers. This waiver will be designed to protect us all in the unlikely occurrence of a major problem.

You will see that part of the program will be both Junior and Senior workshops. In order for these to happen we will need CCA members to volunteer their time to provide themes and subjects for

the workshops. Many of you have talents that are associated with your life in Cognashene or your work that will be excellent ideas for learning. Please volunteer your expertise to lead a workshop. All of the supplies you may require will be provided by CCA. Please reach out to Robyn and Jenna. The details are in the article in this newsletter.

I know it seems that we are continually asking for volunteers but its just part of the path back to normal as many connections have been lost.

Behind the scenes your board is managing many things that are beneficial. The Cottager is printed and many thanks to Barb Russel. The winter patrol was a much smoother process this year thanks to Jim Bowden and of course Dennis Robitaille. The Art on the Rocks will be happening again thanks to Catherine Gillespie. Our financial position strong and in good order thanks to Andrew Carr. Our relationship with the Township is good thanks to Bill Sayers and Gregg Badger. Environmental concerns are being watched by Jack Giroux. Our working relationship on issues with the GBA is excellent due to Rolfe Jones and David Matthews. Membership records and renewals are on good shape thanks to Kara Hunter. The communications you receive are informative thanks to Matthew Hawley. Soon to come will be revamped web site thanks to James Maynard. The administrative tasks are handled professionally by Laura Jarvis. Our Vice- president and soon to take over Sue Carter lends her hand in many things. Your past president, Bob Snider provides insight into the history of lots of subjects we cover in our board meetings

I also happy to inform you that we will be having our AGM on July 9 and the church at 10 am. There will several interesting topics discussed as well as an opportunity to ask your board questions and best of all visit with other members.

I do want to report on one sad thing that you will likely have heard already. Larry Simons passed away on May 12. Larry was one of our model citizens in the Honey Harbour area. He was always willing to listen and help, he was always smiling and he was the author of "we run on Honey Harbour time". I have special place in my heart for Larry. He was my first boss and I spent some of the best times in my life working for him at Honey Harbour Small Motors. As a bit of history Larry bought the marina he ran for many years from Ernie Vincent whom some will remember. Lots of stories there. My condolences to the Simons family and the Franceville families. We will miss him.

Thanks for listening.

Tom Halpenny CCA President

# **Summer 2022 Cognashene Cottagers Recreation Program**

We are pleased to announce that the Cognashene Cottagers Recreation Program will be returning this summer!

A long and extensive search for staff enabled us to hire a dynamic group of young people who have grown up in our community and are eager to work and volunteer in the Recreation Program. Our program will be led this year by Sophie Hilliard.

After our two year hiatus due to the Covid-19 Pandemic we, like many other summer camps and programs, faced a challenge in finding qualified staff for swimming programs. The lack of aquatics programming available to all children has been felt globally and as a result the Recreation Program will look different this year than in 2019 as we work to rebuild and train our instructors for years to come.

## Our 2022 Summer Recreation Program will be offering the following activities:

- -The Rec Program will be a SIX WEEK PROGRAM running from Monday July 11 to Friday August 19th
- -Monday/Wednesday/Friday mornings (parent and tot 13 year olds) at Arthur Beach for stroke improvement and water safety
- -NO BADGES FOR SWIMMING WILL BE AWARDED/EARNED
- -Tuesday Mornings Junior Crafts (2 6 year olds(SK)) at the Cognashene Community Church
- -Thursdays Senior Workshops ((Grade 1)7 13 year olds) at the Cognashene Community Church OR other local locations

There will be NO Camp Cognashene, Canoe Trips or YPOC running this year.



# **Changes from past years:**

- -ARTHUR BEACH DOES NOT HAVE LIFEGUARDS. Our Rec Staff are restricted from earning their NLS (lifeguarding) and Instructors qualifications at this time due to age restrictions. IT IS EXTREMELY IMPORTANT TO NOTE THAT THERE ARE NOT ANY LIFEGUARDS ON DUTY AT THE SWIM BEACH AT ANY TIME. This means that **ALL CHILDREN MUST BE SUPERVISED AT ARTHUR BEACH BY DESIGNATED ADULT AT ALL TIMES.**
- -The only time swimmers will be allowed in the water is when they are with their instructors for water safety and stroke improvement. THERE ARE NO LIFEGUARDS ON DUTY AT THE BEACH. Even during lessons we ask that adults have eyes on their children AT ALL TIMES.
- -There will be no formal swimming lessons this year. We will be offering different levels for stroke improvement and water safety so children can interact with one-another and improve their swimming and social skills.
- -There can be NO SWIMMING of any kind unless supervised directly by parents/guardians. This is why Camp Cognashene, Canoe Trips, and YPOC will NOT be running.
- -Senior Workshops will be running on Thursdays as an activity for our older campers (Grade 1 and above). Please see the community posting below for more information and a CALL FOR COMMUNITY VOLUNTEERS to run a workshop.
- -A new part of the registration process this year will be the completion and signing of a waiver for participation in the program FEES:
- -\$60.00/week or \$360.00 for a full summer program
- \*this fee schedule was decided upon based on the programming circumstances of this summer

#### **CALL FOR SESSION LEADERS – SENIOR WORKSHOPS**

Do you have a passion, skill or talent? Are you an avid nature watcher, artist, carpenter, or bush craft expert? Do you have interest in passing along that interest to the next generation? If so, the Community Workshops may just be for you!

As part of the Cognashene Rec Program we are looking to offer some engaging workshops for our 7 – 13 year old age group. Due to our restricted ability to run water-based activities we hoping to tap into the collective expertise of our community to run fun and engaging activities for our campers – that go beyond friendship bracelets and tie dye. If you think you may have a skill or knowledge that you could share with the youth of our community we want to hear from you!

Examples of possible workshops:

- -Paddle painting (campers will be instructed to come with their own paddle and they can learn to design and paint their own paddle designs)
- -Bush craft (learn how to build a fire in different conditions, or whittle a stick to help it spark a flame faster)
- -Build a Solar Oven to bake s'mores using only the power of the sun!

If you have an idea for a workshop you will not be left to plan and execute alone. The Rec Staff will be present to assist in facilitating the activities as well as organizing materials and items needed to run it

We are looking for ideas that would be of an interest to ALL types of campers.

Please submit ideas for our Senior Workshops to RECPROGRAM@COGNASHENE.COM, or through social media, by June 19, 2022.

We are hoping to run SIX different workshops during the summer.

Thank you for your support as we rebuild the CCA Rec Program. Registration can be accessed online at <a href="https://www.cognashene.com">www.cognashene.com</a>.

Robyn Corbiere & Jenna Lynde Rec Program Directors Follow us on INSTAGRAM @cogrecreation and FACEBOOK @Cognashene Recreation Program

# A Message from Sophie Hilliard

Hello Cognashene Community,

My name is Sophie Hilliard and I am very excited to introduce myself as Head of the Rec Program! I have been fortunate to work with the incredible Jenna & Robyn as we plan for the summer ahead. While things may look a little bit different this summer as compared to pre-COVID times, I am looking forward to getting back to the beach, and seeing so many smiling faces.

I have been attending Rec Program activities for as long as I can remember, and I can say their truly is no better way to spend a summer than on beautiful Georgian Bay! I cannot wait to see all of you at the beach this summer as we restart the Rec Program and see each other again.





#### **MEMBERSHIP SUMMER FUN**

Thank you to everyone for your CCA membership and for your continued support of our community this year, and through the pandemic. The summer holds much fun in store and we hope that you can enjoy your membership to the fullest with the return of our CCA events, programs and activities. Stay tuned for CCA news and updates in upcoming weeks from our Communications Director at communications@cognashene.com.

# Renew by May 31st, 2022 to Vote

If you are a prospective member, or looking to renew for 2022, please be sure to visit

http://secure-web.cisco.com/1oeN\_ACyjIbT3-x7tf0ma5\_7XSq0wQpx9kIw5sO1\_fXr\_cjvuuLudp1nLXDX\_-e1dQxsgTekSGRwzcmhsueKs68Nikqfzij7YaOpmNaVQmAFZaMJoaTDGxCv0tknA8XHHZfMjF\_Hke6KwKOUWPmEZ63i4HMEiJZLBID5LxLop-JN0YyJFn1VN\_-3qYMXa3dvhEoPOKdR-kytEl1lBWfgknv6P\_V0huWWIMeyBS6o9OO4FndTvqnDFQVMnEUaXMeLZGVp8FQu5mQuhpu1x-eJcGUjsMWjjVcFz-VmsGR\_n2SfKSdZy-VrQUBeApXiASJJt/http%3A%2F%2Fwww.cognashene.com

to purchase your membership by May 31st, 2022 to be able to vote at our AGM on July 9th, 2022. Your voice is important, so please be sure to purchase your membership ahead of the deadline.

#### **Welcome New Members**

We want to extend a warm welcome to new members to the CCA in 2022, Matthew Hawley, Tom Hughes and Erin Walsh, Denis and Evan Lahaie, Frank and Monika Mullen, Richard Ward and Sandra Sorenson, Amy and Sean Williams, and Wendy Wilson.

#### We Want to Hear From You

Interesting and talented members make up our vibrant CCA community. We would like to hear from you and what you are up to. Do you have a story to share with the membership? Is there someone or something interesting you would like to feature with our community? Please let us know at membership@cognashene.com.

#### **Did You Know?**

Full and Associate members of the Cognashene Cottagers' Association receive membership in the Georgian Bay Association and are entitled to the additional benefits from GBA's corporate supporters. Details of these benefits can be found at

https://secure-web.cisco.com/1qcdsiz7BYJHUvzdObrKxOPbI\_SieN7J2gIcwAg2jVpNJLz4siY GEgLqphx4wU1BEIGC6EmwmAsuE0M6P-0RTobbBFiLWFRj4ruWVTqzkuqTZaIw8bYdnCcAJX ukvsYeWKLhTHIZjn VnzynttH8UJip cPt7D7zygarRtNsWju-bLQ3kaa12ieCvMiYXsjt24DWzK CL8tIErkdI-L9YS7ApMulr0WlfWF8wzNbfr63Hs-taSOT1IXwr97Vp6rZDdHJ7VqOLnFleKkCD8 g362wVD-60ZdBSSMBKWCCkDDFc9sre\_5f4P2yZshjJJ-L1AS/https%3A%2F%2Fgeorgianbay. ca%2Fmembership%2Fgba-membership-benefits%2F and include:

- 15% savings on Cottage and Boat Insurance, which can also include Home and Car Insurance
- 30% savings on the FoodCycler on-site food waste recycler
- 25% savings on Automatic External Defibrillators (AED's)
- 40% savings on many Coleman Canada outdoor products and Stearns life jackets

Best wishes for a safe and fun season on the Bay!

Kara Hunter

Please reach me at membership@cognashene.com with questions, comments, or if I can be of assistance.

# Lymantria Dispar Dispar (Gypsy Moth)

As many of you already know, LDD (Lymantria dispar dispar) or "Gypsy Moth" has been feasting on the lush foliage surrounding our homes and summer properties for the past few summers. A number of you have reached out to me and other directors on the CCA Board, voicing your concern over what should be done to stop this destructive little caterpillar. To all of those that have reached out, I thank you. It joys me to see so many of you truly care about the health of our forest. LDD is of serious concern to me and I hope we can find a community wide solution that is safe and effective.

There has been a recent push by many in the community to manage this infestation with an arial application of the insecticide Btk. The goal of this article is to highlight some of the alternatives to arial spraying and hopefully provide some guidance on where this infestation is headed over the next few years.

#### **Overview**

LDD is considered an invasive species by the federal government. There are only a few known native predators of LDD in southern Ontario, making it difficult to control. Over the past three years we have seen a significant outbreak of LDD in Southern Ontario. LDD outbreaks occur every 10-15 years, and last for 1-3 years depending on natural controls. LDD is a large-scale defoliator, feeding on the foliage of over 300 plant species.

#### Identification

LDD Caterpillars can be easily identified by there distinct markings. From head to tail, the LDD has five pairs of blue dots, followed by six pairs of red dots. The Caterpillar stage lasts from late April until early June. In July and August, the caterpillars cocoon and eventually emerge as a moth. While in the moth stage, it is common to see spongey egg masses on tree limbs and on the trunks of infested trees.

## Management

Below is a list of control methods you can use if you identify LDD on your property.

- **Keep you trees healthy**: general maintenance, watering, and pruning can help keep your trees healthy and safe during an LDD infestation.
- **Trapping / Picking**: During the day, LDD will descend from the branches to seek shelter in the folds of bark at the base of the tree. Wrapping part of the trunk in burlap or an environmentally friendly adhesive (sticky side out) can help to trap the caterpillars. Once captured, carefully remove the caterpillar and place in a bucket of soapy water.
- **Egg Mass Scrapping**: The spongy egg masses can be scraped and soaked in soapy water. Be careful not to transport or discard of these egg masses improperly, this could lead to further spread.
- **Pheromone Traps:** Pheromone traps can be purchased on Amazon or at your local hardware store. These can come in many forms but are typically lined with a pheromone strip. These strips attract the moths in flight, trapping them inside.

#### **Outlook**

As mentioned above, outbreaks typically don't last more than 1-3 years. Birds, certain soil fugue, and insect born viruses act as natural limiting factors that are working to reduce the prominence of LDD in Southern Ontario. The long-term health of the forest will not be impacted by mass defoliation from LDD, forests are natural very resilient and can withstand a remarkable amount of stress.

# **Conclusion**

The arial application of Btk can harm native caterpillar species such as the threatened Monarch butterfly. LDD outbreaks are cyclical; their populations have historically increased and decreased in a predictable and measurable way. Natural limiting factors will undoubtably end this outbreak, much like they have in the past. As such, there is no need for human intervention. I urge everyone to please consider adopting the control methods listed above. Spraying an insecticide to manage this issue sets a precedent for the future, our community needs to lead by example and protect our forest ethically.

The following links may be used for further reading on LDD. If you have any questions, please feel free to contact me: <a href="mailto:Jackgiroux98@hotmail.com">Jackgiroux98@hotmail.com</a>
Links:

- https://www.ontario.ca/page/gypsy-moth
- https://www.pc.gc.ca/en/pn-np/on/rouge/nature/conservation/spongieuse-ldd
- http://www.invadingspecies.com/gypsy-moth/\_
- http://www.london.ca/residents/Environment/Trees-Forests/Pages/Gypsy-Moth.aspx
- https://www.youtube.com/watch?v=A70AoBORNQ4&feature=youtu.be

Jack Giroux Environment Director

# Don't be a "Phish" with your email security

With our internet home @ Cognashene.com, our association has a duty to protect our members and their data from known cyber threats.

We have learned of recent examples of our members receiving fraudulent emails purporting to be from other CCA members. In one case, the fraudster sent an email from a @gmail. com impersonating its legitimate counterpart @rogers.com. These types of attacks are called "phishing" attacks, which are attempts to steal your money or your identity by getting you to reveal your personal information such as credit card numbers, bank information, or passwords. Phishing attacks will remain a constant challenge for any internet user. For some "best practices" in email security, we recommend you consider the following advice:

- 1. Report the email to your email provider! Most popular email providers allow you to "Report Phishing" directly on the email. Doing this will alert your service of the account which will help accelerate its deletion.
- 2. How is the spelling and grammar? Typos are a common indicator that the sender is not genuine.
- 3. Check who you're replying to! When you hit reply, the address you're sending to may be different from the sender. Both can be easily spoofed. It's crucial you confirm the reply-to is correct.
- 4. Beware sharing sensitive information! No government or bank will ever ask for sensitive information over an email. Consider calling the organization yourself to confirm legitimacy.
- 5. Don't fall for URGENCY! Phishing attacks feign an urgent need to trick victims to give a quick buck.
- 6. Hover but don't click! When you hover, it shows you where the link will take you. Is it a trustworthy site?
- 7. Attachments can be dangerous! Beware any attachments that arrive on an email.
- 8. Does it sound too good to be true? It probably is. Phishing attacks commonly appeal to victims' greed to trick them into revealing their personal information.
- 9. Keep your devices up to date! The systems running your device are always updated with corrections against the latest attacks. Maintain your Anti-Virus and check regularly for updates.

James Maynard Director of Technology

#### **97TH REGATTA RETURNS!**

The past 2 summers we did continue with the Long Distance Swim and a number of families organized their own mini Remote Regattas. Catch their fun by logging into the video <a href="https://vimeo.com/531976389">https://vimeo.com/531976389</a> that Catriona and Thea Boyd created. Many Thanks for their work on this.

## The Main Event - Regatta

Saturday, July 30th 12:30 p.m. - 4:00 p.m. on Townsend Islands (E21,22,23,24)





A big Thank You to Mary & Mark Endress, Neil & Ruth Davis, Ian & Rose Davis, and Kent & Jennifer Kohler for once again allowing us the use of their shorelines and Islands for the event.

## **Long Distance Swim**

Saturday, July 23rd

1:00 p.m. - 3:00 p.m. on Portage Island (M69) At Rob and Val Thompson's

Remember, each swimmer is accompanied by a competent captain operating a non-motorized vessel. Get out your kayaks, paddleboards, canoes and floatation safety devices. A big Thank You to Rob and Val for their Island and to John Visser and David Hopper for their much-needed turnaround dock.

#### People and Prizes and....

Hoping previous volunteers return and fresh faces join in. It's FUN! Please connect with Janet Heisey at restingvessel@gmail.com to help out, particularly for the main Regatta - and we need a small crew for the LD Swim.

Raffle contributions are greatly appreciated as proceeds are used to help buy supplies and equipment for the recreation program. Please think of some dandies and pack them into your next cottage trip. Ideally, we'd like all of the prizes/baskets/contributions finalized a week before the actual regatta.

To donate and coordinate drop-off or pick-up, contact Jim Bowden at jimmieb@lbrlaw.ca at (705) 627-7891

Trophies from past years: if you have one, get it to Jim. We'd like to ensure winners' names are engraved and trophies are on hand.

## THINK COTTAGE. COMMUNITY. THINK FUN. THINK REGATTA!

Your Organizers: Jim Bowden jimmieb@lbrlaw.ca Rebecca and Janet Heisey restingvessel@gmail.com

#### **NEW COGNASHENE MAP**

We are in the process of putting together a new map of cottage sites of our members, to be ready for next summer. So, when you receive your Cottager member list, please check carefully to make sure your cottage site is properly identified and if it is not, please let Jim Bowden know via an e-mail to jimmieb@lbrlaw.ca.

This will also help us in our prep work for the winter patrol for next winter.

Jim Bowden
Director of Services

# **Ticks & Lyme Disease**

North Bay Parry Sound Health Unit has released information on the rise of Lyme disease from Ticks as well as advise on removing ticks. In the article linked below details methods to prevent ticks & how to remove.

https://www.parrysound.com/news-story/10459404--unusually-high-increase-in-lyme-disease-for-north-bay-parry-sound-district/

David Matthews GBA Representative

#### **ART ON THE ROCKS**

On JULY 24 from 12-4:30 the CCA board will hold a modified Art on the Rocks © concentrating on artists who have local connections. The show is located at the southern tip of Maxwell/Whalen Island (at the Gillespie's CCA map M42). We provide a free shuttle/jitney service to larger boats that anchor in the bay as the dock space is limited.

In previous shows, artists and crafters have displayed a wide variety of artwork including paintings, pottery, photography, stained glass, woodwork, jewelry and culinary arts. We encourage artworks that are inspired by the unique Georgian Bay landscape. The event is well attended by Cognashene and Honey Harbour cottagers, their friends and neighbours from surrounding communities. It is a great way to get together outside with people you have been missing for the past two summers.

If you know or are a talented artist, especially if they employ an outdoor or Georgian Bay theme and they have access to water transportation, Please have them contact communityevents@cognashene.com All the proceeds go to Cognashene Cottagers Association.

Hopefully, this year the pandemic will be under control and the government rules will allow gatherings outside and the Art on the Rocks© can make a tempered comeback. Come and see your Georgian Bay Friends and Family while perusing wonderful art inspired by the place we all love!

Catherine Gillespie Community Events Director

# **Municipal Affairs Report, Spring 2022**

I am pleased to report that Council is still "getting along". Municipal elections are coming up October 24. Nominations close August 18. CCA benefits by the majority of councilors being 'Bay people'. It is important for all of us to vote when the time comes, which can be done on-line. Stay tuned for who is running and why.

One thing that will need to be addressed by the next Council is the budget and resulting taxes. Our tax increase this year was minimal compared to the 7% increase that was warranted to keep the budget balanced. Legal fees are over the top and over this year's budget mostly related to planning issues and appeals. Insurance costs are up by over 20%. Capital maintenance and replacement costs have not been appropriately budgeted. Staff costs are some 40% of budget, with planning being a major culprit, in my view. Council continues to spend money it just does not have. They only way Council found to bring the budget 'in line' was through the sale of Township properties to the tune of some \$680,000, which is clearly an unsustainable business model. If our taxes are to remain as is, even with nominal increases, cuts must be found and made by the next Council.

Unfortunately, the lower tier municipalities (of which TGB is one), lost in it's effort to get fairer representation at the District. Despite recommendations to reduce the District Council size and even out representation, the Towns (Huntsville, Bracebridge and Gravenhurst) out-voted TGB, Muskoka and Lake of Bays to keep the stats quo. So, we continue to be a junior partner and can be out-voted on anything by the Towns. The Minister of Municipal Affairs basically ignored our pleas for equity.

Waste management has been a continually frustrating issue. The District of Muskoka fails to understand the challenges water access only residents face and are less than transparent on the costs throughout the District. The Township has taken it upon itself to hire a consultant to seek solutions, well before the now extended date the province has set for marina bin sites to close. The CCA, on behalf of our members, offered to help in any way we can through focus groups or whatever else would assist. You may see a trailer next to the Honey Harbour site which is there to help monitor what goes on there.

A rather expensive Waterfront Policy Review is underway which will look at planning issues, by-law consistency, undersized islands and so on. Expect results during this term of Council The Township is coming down as hard as it can, along with the GBA and CCA, against 'sea-can' cottages (essentially, containers as floating boathouses).

A feasibility study is underway to explore the possibility of a William Davis Education Centre for the Great Lakes to be located in Honey Harbour on the Delawana property. If it is 'a go', expect fundraising letters to follow.

Speaking of fundraising, our collective hat should be donned to Rob and Mitch Krizmanich who raised a ton of dough and presented to Council a proposal for six pickleball courts for Honey Harbour, which was wholeheartedly supported by Council. Congratulations! Finally, a Noise By-law and Dark Sky By-law were passed in the interests of keeping our shores free from obnoxious lights and sounds. Please refer to the TGB website for details. Most notably, unauthorized fireworks are banned except for 2 days before and one day after our major holidays. All the very best for the season ahead!

Gregg Badger Municipal Affairs Director

#### **SPRING CLEAN-UP LOST & FOUND**

As we all venture north post Winter, there is always some Spring clean-up from the not always dormant winter. If large items from your property, such as docks, ramps, etc. have gone on an adventure we are here to assist in locating. Likewise, if you find that a large item has migrated onto your property we would like to help find its home.

If you are in either of the previously mentioned situations please forward all relevant information (location, item & pictures) to communications@cognashene.com and we will send out e-blasts to help reunite all wayward items.

Matthew Hawley Communications Director





For Sale

CY16 sailboat for \$300, a fifth of what I paid for it. Requires a small amount of work to bring it back to its original glory.

Contact Bob Baines at bbaines@gmail.com or call 705-756-4727



# MEDICAL, MOBILITY & LIFESTYLE ITEM SHARING

The CCA would like to start a registy of items that cottagers in Cognashene are willing to lend out in times of need for other Cognashene members. These items can fall under the categories, but not limited to, medical, mobility (walking casts, crutches, canes, wheelchairs, etc.) and lifestyle (pack 'n plays, cribs, etc.). If you have any of the previsouly mentioned items, or have items that you are willing to lend out please forward details to communications@cognashene.com

Matthew Hawley Communications Director