



Your CCA Board

Bob Snider, President

Ian Davis, Past President

Andrew Carr, Treasurer

Laura Jarvis, Secretary

Laura Adams, Communications

Sue Carter, Membership

Robyn Corbiere, Rec Program

Catherine Gillespie,

Community Events

Tom Halpenny, Services

Rolfe Jones, GBA

Representative

James Maynard, Web Master

Bill Sayers, Planning

Sandy Thompson,

Environment

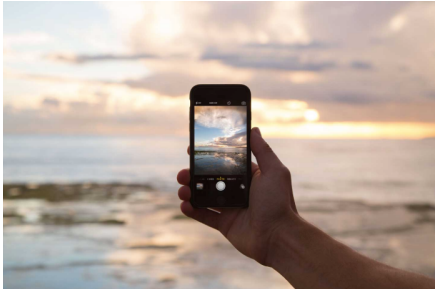
Hayley Thomas, Editor, The

Cognashene Cottager

President's Message: *Bob Snider*

This past weekend was Family Day weekend, a near perfect winter weekend with bright sunshine, cold but not really cold temperatures and plenty of snow, at least up north. A great weekend to enjoy the great white north skiing, snowmobiling, snowshoeing or skating. But somehow this long weekend marks a turning point. From here expectations begin to change. A longing for warmer days creeps in and with confidence I can say many begin to watch the weather for daily highs above freezing and regularly check the webcam at The Boat Club for signs that the ice on the Bay is beginning to recede. As the days grow longer the draw back to the Bay and Cognashene grows stronger.

In the background at this time of year volunteers, committee chairs and Board Members of the CCA are ensuring the Winter patrol is completed, putting the finishing touches on the "Cottager", planning and hiring for the Summer Rec Program, discussing the invasive phrag mapping and removal program with the GBF, conferring with the Township and District on the large item pickup, soliciting Artists for Art on the Rocks, preparing the agenda and inviting speakers for the AGM, renewing memberships and beginning to think about the weather for Regatta in August. Activities continuing throughout the year include representing the CCA on the GBA Board, monitoring Township Council activities, reviewing and commenting on planning applications in Cognashene, preparing quarterly newsletters and regular eBlasts and general administration tasks of the Association. All this and more relies 100% on the volunteer efforts of our members. Without these volunteers a portion of the Cognashene experience will go amiss.



Communications:

Laura Adams

Many thanks to everyone who continues to reach out and share information, photos, stories and comments...good and bad. We continue to do better when we all work together.

The Cognashene Cottagers Association has a Facebook page, as does the Recreation Program. There is an Instagram account and you can find us on Twitter. The website is certainly a great source for information...you can read the latest newsletters there, as well as access all the earlier editions. You can update your contact info if you need to, and also pay your membership dues and Rec Program fees.

You can also reach out to any of the Association Directors (email addresses are on the website) should you have a question, comment or simple need a bit more info...we always respond!

All the best for spring, and fingers crossed on an uneventful first boat trip to the cottage! Hurray up Mother Nature, do your thing.

Cheers

This coming season several important Board positions will need to be filled at the AGM in July.

- Director of Communications who manages communication directed at CCA membership (and occasionally non-members) through email, eBlast, social media, quarterly newsletters and the annual Cottager.
- Director of Municipal Affairs who monitors and keeps CCA membership informed of relevant plans and activities at Township of Georgian Bay and District of Muskoka Council
- Director of Services who organizes and coordinates services to CCA membership including Winter Patrol, large and hazardous garbage pickup, and liaises with Township Fire Service.
and
- Director of Planning who is the primary contact with the Township Planning staff and applicants applying for a Variance or Consent before the Committee of Adjustment or Zoning Bylaw Amendment before Council.

If you have not participated in the Association at some level or have and would like to again you need only raise your hand by speaking to Ian Davis, pastpresident@cognashene.com or myself, Bob Snider, president@cognashene.com. We will gladly provide a more detailed description of these positions and answer your questions.

Between now and your first trip back to Cognashene take care and play safe.

Bob Snider, President
Cognashene Cottagers' Association

Come on out and...



...join the fun!

Recreation Report: *Robyn Corbiere & Nicole Scott*

Hello Beach families! I am sure we are all looking forward to warm, sunny, summer days as we are in the throes of this harsh winter. As we look forward to summer, here is some important information. The program is scheduled to run from Tuesday July 2nd to Thursday August 22nd. The schedule remains the same as other years with swimming on Monday, Wednesday and Friday mornings. Camp Cognashene (kids entering grade 1 to grade 7) will be most of the day on Tuesdays. Water Sports (kids entering grade 2 and up) will be on Wednesday afternoons. Kognashene Kinders will also be offered for our younger campers (ages 2 through senior kindergarten) on Thursday mornings. YPOC for our older campers will remain on Monday afternoons. This summer our Junior Canoe trip is tentatively scheduled for August 14th and our Sr. Canoe trip is tentatively scheduled for July 24th. Please mark these dates on your calendar so you can plan your summer accordingly.

We are in the process of interviewing and hiring staff for summer 2019. Online registration for the Recreation Program will begin the end of April - early May. Early bird registration will apply until May 30th and a late registration fee will apply as of June 1st.

Be sure to follow us on Twitter (@CCARecProgram) and Facebook (Cognashene Recreation Program) for future updates.

Microfibres, Microplastics and Microbeads: *Sandy Thompson*

In a 2014 newsletter, we discussed Microbeads in personal care products such as body wash and face wash. It was about this time that I first really became aware of microplastics in our environment. In July 2018, the manufacture and import of toiletries containing microbeads was prohibited by the Canadian government (yeah)!!

Looking more broadly, microbeads are only one component of a larger issue of microplastics that are a threat to our environment, and in particular the aquatic environment. In September 2018, I heard a researcher from Patagonia (the company, not the region) speak on microfibres (Steph Karba, Patagonia Material Innovation and Development Department). Patagonia and other textile companies have known about and been looking into solutions for microfibre pollution for a number of years. The diagram below is from the Patagonia presentation which I found helpful in understanding the scope of the plastics issue. In our lakes, microplastics also include particles that come from the breakdown of plastics.

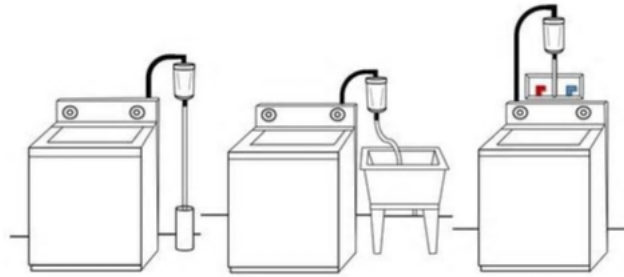


Several excellent articles about microfibres and the ongoing research being conducted by the University of Toronto and other organizations have been written and published by the GBA, GBF and Georgian Bay Today. You have probably seen them, so I won't repeat all of what they covered. Track them down if you have not read them! Much of the research conducted has focused on understanding how pervasive microfibres and microplastics are in the ecosystem. The studies have shown that microplastics have contaminated all levels of the aquatic ecosystem and have identified the pathways that allow the contaminants to get into the aquatic ecosystem. Microplastics can be found in the fish that we eat (see diagram at the end).

This is a global issue and research is being done in a number of countries but exciting work is being done right here in Ontario. Some of you went to the GBA/GBF "H2O" seminar in the fall and would have heard from Dr. Rochman at U of T on her work in this space so far. For the next two years, U of T and GBF will be completing a *Divert and Capture* Study to evaluate the effectiveness of washing machine filters on microfibres being discharged into Georgian Bay from the Parry Sound wastewater treatment plant (WWTP). We know that synthetic fabrics (fleece, technical T-shirts, any clothing made with man-made fibres) release microfibres (small plastic threads) when they are washed. Our WWTPs can remove some of the fibres but not all of them. Millions (billions? trillions?) of microfibres are discharged into the water systems every year. Microfibres will also clog up your septic system over time. Keep in mind that sludge from WWTPs (and your septic system) are usually applied to agricultural land allowing the microfibres to continue in the environment.

Here are a few things you can do to help keep microplastics/fibres out of our aquatic ecosystem: Keep all unnecessary plastic out of the water so it can't break down into microplastics.

1. Keep all unnecessary plastic out of the water so it can't break down into microplastics.
2. Clean up all large and tiny plastic you see around the Bay. Get involved in a shoreline clean-up this summer!
3. Wear and use natural clothing (e.g. cotton, bamboo, wool).
4. Reduce the frequency that you wash your clothes. Most clothes do not need to be washed every time they are worn.
5. Top loading washers are harder on your clothes and can result in up to 7 times more fibres being released. Use a front loader if possible.
6. Older clothes shed more fibres. Keep clothes in good condition and look at labels when you buy new clothes. Patagonia and other manufacturers are working on making fleece and other synthetics that do not shed as much. Your buying power can affect how many manufacturers care about solving this problem.
7. Cheaper clothes shed more fibres; buy good quality clothing¹.
8. In your washer, you can put your technical/synthetic fibre clothes into a Guppy Friend Bag. <http://guppyfriend.com/en/> (a good idea if you have older clothes or a top loading washer that are not ready to be replaced).
9. Install a filter on your washing machine (this one is being used in the U of T/GBF study). <https://www.septicsafe.com/filtrol-160-lint-filter-with-1-filter-bag/>. The filter fluff goes into the garbage like dryer lint.



10. Educate yourself, share the news, and keep an eye out for more information from the GBA, GBF and other great organizations that love Georgian Bay!



Source: Stop Micro Waste (<https://www.stopmicrowaste.com/about-us>)

Cognashene Community Church: *Caroline Coulson, President*

I have to admit that I prefer to drive north to “winter” and to have the downtown Toronto core stay snow free. So it probably won’t surprise you to know that I’ve been praying for the end of all of this inclement weather. What a winter! I can’t wait for spring to arrive. For cottage opening season to kick off. To see robins and tulips and to hear spring peepers again.

The 2019 Church on the Rock season starts on Sunday, June 30th and continues all summer to our annual Hymn Sing on Sunday, September 1st. But for August 11th, our roster is full. We have four new ministers joining us this year that will bring fresh words of worship to our Church. In addition to our new visiting ministers, we also have many of our longtime favourites joining us again. Jackson Shibley will once again be offering Sunday School crafts during each service. And Harriet, Don and Jim will be leading us in song.

If you would like to host a minister for our August 11th service, please contact me at carolinecoulson@mac.com.

We invite all cottagers and their guests to join us this summer.

Membership News: *Sue Carter*

Hello CCA members! Well, it’s been quite a winter so far, full of every kind of crazy weather imaginable. And as I sit here writing this newsletter submission in mid February I can imagine that, just like me, most are hoping that the groundhog was correct and are longing for the speedy arrival of spring weather and an early return to our beloved Bay. With that in mind, I am asking you to please take a couple of minutes to renew your membership for 2019 if you have not done so already. **We are strongly encouraging as many people as possible to renew your membership online as this helps streamline the renewal process for us and makes it easier for you. However, if you do require another renewal form please contact me at membership@cognashene.com and I will be happy to mail one to you.**

I would like to remind you once more that you must renew your membership in order to receive your 2018 Cottager package in the mail.

Also, for those of you who wish to enrol your child(ren) into the CCA Rec program, **you do need to be a paid up member in order to receive member rates.** So please don’t miss out. Stay connected with your community for all the activities and news that is happening in and around Cognashene.

If anyone has any problem with the membership renewal process, please do not hesitate to send an email to membership@cognashene.com and we will be happy to assist you.



Art-On-The-Rocks®

Whalen/Maxwell Island
Sunday, July 28, 2019
12:00-4:30 P.M.

Name _____ Business name _____

Address _____ returning artists please **CIRCLE** any changes

Postal code _____

Phone:business _____ cottage _____ home _____

E-mail (preferred contact address) _____ website _____

I am interested in reserving an indoor exhibit location (additional \$25) ☐

As there is only indoor space for 2 exhibitors, these will be assigned to the first 2 artists who send in their request

Type of Work:

Include a brief description of work including media used. Submit 1 - 2 photographs or slides. Previous exhibitors do not need to submit photographs unless the type of work you are doing has significantly changed. If you want your photos returned, please include a stamped, self-addressed envelope.

Transportation:

If you need transportation by boat to and from Maxwell Island from Honey Harbour, please indicate below. There is an additional fee. More specific details will be included with your acceptance letter, this will be mailed near the beginning of July.

☐ I need transportation. There are _____ people in my party.

All work must be the original work of the exhibitor. As this is a low budget event, each artist will pay the fee, unless arranged beforehand with the committee. All fees are used to support the event including advertising printing jitney service and transportation for the artists.

Enclosed is ☐ \$50 fee own transportation; or \$100 fee with taxi boat transportation for artist & 1 helper;

additional \$25 for inside space

Signature _____ Date _____

Catherine Gillespie~190 Bryant Street, Buffalo, NY 14222~ (716) 881-2199~~ 705-756-1621(cottage)
 Geoff Kelk ~519 925-2210~705-756-2821 Catherine's email-gillespie.cath@gmail.com

PLEASE MAKE CHEQUES/CHECKS TO COGNASHENE COTTAGERS ASSC.

Classified Ads & Cottage Rentals

Wanted

A 14-15 foot aluminum hull, centre console, reasonably good condition, suitable for my 40 hp four stroke Yamaha.

Contact Mike Winlo at andrea.winlo@sympatico.ca or call 514 630 9943.

For Sale:

Rave Water Trampoline \$800.00

Like new, 5 years old, perfect condition...no leaks or no patches!

Contact:

Dan Catton, Mitawanga Island

519-619-0802

dcatton@fvg.ca



For Sale

Albacore sailboat in great condition. perfect for learners and racers alike.

Asking \$1900 OBO (serious offers only, please)



Cottage for Rent

If you're looking to rent a cottage with a view from June to September, let me know!

7 year old 3 bedroom cottage located at the Cognashene Narrows offers modern amenities with views to the horizon. Includes use of kayaks, 14ft tinny with 9.9hp, and offers sunset views.

7 day and weekend rentals available!

Please contact Scott Setchell (scottsetchell@me.com, 902-718-6289)



Cottage for Rent

Close to Lambert Island. Two bedroom, maximum 4 people, with private dock.

Please call Murray for further information at
416 707 4711





BigRedWorks Inc.

Hiring for the 2019 season!

BigRedWorks is now hiring for the 2019 season. We are looking for energetic, outgoing college and university students to join our crew full-time for the spring and summer months. If you want to work outdoors and on the water in a fun, collaborative environment this is the perfect opportunity!

Check out www.bigredworks.com for more information, or send your resumes to cam@bigredworks.com to apply.

Do you have a story about your experience at the Georgian Bay General Hospital? They'd love to hear it!



For more than 30 years, Bill and Arlene Schumacher have called Sand Castle Beach in Tiny Township their summer home. Their love for the beautiful shores of Georgian Bay fueled their desire to escape from their hometown of Waterloo each summer, and with each passing year, their family became more rooted in their warm weather community.

Although they rarely had the occasion to use it, there was always a sense of ease knowing that Georgian Bay General Hospital was part of the community where they spent their summers.

“We need our summer hospital,” says Bill. “If anything were to happen at the cottage, it is so important that we can get to a reliable Emergency Department fast.”

In December 2018, Bill and Arlene felt it was time to support their summer hospital with a financial gift and made a donation of \$50,000 toward the purchase of critical equipment and infrastructure at GBGH.

“We know the government doesn’t fund equipment for hospitals,” Bill shares. “This is our Christmas gift for GBGH.”

Georgian Bay General Hospital is located in Midland, Ontario, and is the closest Emergency Department for cottagers in Cognashene, Tiny Township, Honey Harbour and surrounding areas.

Do you have a story about your experience at Georgian Bay General Hospital? Would you like to learn more about your cottage hospital? We want to hear from you!

Contact Jen Russell, GBGH Foundation (russellj@gbgh.on.ca or 705-526-1300 x5339).

You can also visit our website: www.gbghf.ca/mycottage-myhospital