

#### What's Inside

Membership pg. 2

Rec Program pg. 3-4

Art on the Rocks pg. 4

Church News pg. 5

Organics pg. 5-6

GB Hospital Foundation pg. 7

First Aid Training Course pg. 7

Regatta & LDS pg. 8

Classified pg. 8-11

Job Posting: Phrag Buster pg. 12

AGM: Saturday July 6th

Next edition will follow mid-fall.

All the best for a summer filled with fun, frolic and a whole whack of wonderful memories!

# President's Message: Bob Snider

As I sit here in Haliburton at the end of April, with fresh snow on the ground, summer remains a distant point in time. I do have some hope though that a change in the cool spring weather pattern is underway. I understand from a post on the Cognashene Facebook page that the "Ice Breaker" to Blarney Castle was achieved on Sunday April 21 by a group of young explorers. Like so many others we too will follow in the tracks of these explorers to our cottage soon.

The Corp of Engineers are forecasting water levels on Lake Huron will be higher again this summer over last summer by 6 inches. I fear though that the flooding that is currently occurring in the Muskoka area will in fact result in a water levels greater than this. The forecasted levels will be a scant 9 inches (23 cm) below the high water mark of 177.4 meters. It will be even more prudent this year to look at shore structures given this new paradigm and the damage that a two foot wind effect surge could possibly have.

Over the past few months we have informed the membership of the Ontario governments Municipal Government review, survey and meetings. While by the time this newsletter is distributed the formal deadlines for comments to be submitted will have passed this remains an important issue and will be updated as news is received.

Included with this Newsletter is the summer calendar. I would encourage everyone to keep the calendar in a prominent location at the cottage as a reminder of the Rec program schedule and dates for Art on the Rocks, Regatta, the Long Distance swim, the Ryestone Cup and the schedule for the Cognashene Community Church. These activities and events are organized by a host of volunteers. Without our volunteers many of the fun and enjoyable things that go on in our community would just not happen.



CCA water bottles yet?
Environmentally friendly, great looking and selling at cost for \$10.00. Look for them at the AGM, or contact Sandy
Thompson at
environment@cognashene.com to get yours!

One event I would like to draw your attention to is the July 6th Annual General Meeting. In addition to the regular business of the Association we will have the honour to hear from the Mayor of Georgian Bay Township, Peter Koetsier and the newly installed President of the Georgian Bay Association President, John Carson. This is a great opportunity to meet your neighbours and get caught up on local cottage news and events.

Also included with this mailing is the Summer 2018 Cottager. This is a tradition of stories and news that many in our community contribute to and makes a great afternoon read while sitting on the dock. A special thanks again to the editor Hayley Thomas and to everyone that has contributed stories and pictures this past year. If you have the opportunity to frequent one of the advertisers, tell them you saw their ad in the Cottager.

Finally, if you are not already one of our great volunteers or wish to get further involved in your association I would encourage you to reach out to me or any of the other Board members. Your involvement is always welcomed whether it is on the Board, on a committee, or assisting at an event.

See you on the Bay Bob Snider

# Communications: Laura Adams

Volunteering on the CCA as the communication point-person has been a truly wonderful experience! Our community is like no other and I have had the opportunity to meet so many incredible people...whether it's an email to pop an ad in the newsletter to rent your cottage, an eBlast to push out a message, or just a quick question...it's been a blast.

I will be stepping down from this post shortly, after many years, and simply wanted to say "thank you" to our terrific Board members for all they do, and to our Membership for supporting this Association..."team work makes the dream work"!

Cheers to another summer on the Bay!

# Membership: Sue Carter

I'd like to take this opportunity to extends a warm welcome to our new CCA members for 2019.

Thank you for your support and we are thrilled you made the decision to join our association.

Robert Eland

Lindsay and David Ryan

Stephen and Mary Smith

Matt Makauskas

Ted and Tricia Przybylowicz

Jamie Clarke & Meagan Carney

See you on the Bay!

# Recreation Report: Robyn Corbiere

#### Hello Beach Families!

Nikki Cutler, Kelly Reade and I have been working hard trying to get everything organized for the summer. Registration is now open and we encourage you to register as soon as possible in order to get the early bird discount. Prices go up June 1st, 2019. You can register online at <a href="http://www.cognashene.com/rec\_program\_register.html">http://www.cognashene.com/rec\_program\_register.html</a>. Early registration helps us to staff the beach accordingly and begin programming. We are still looking for volunteers, so if your child would like to help out around the beach, have them fill out an application on the website <a href="http://www.cognashene.com/rec\_program\_apply.html">http://www.cognashene.com/rec\_program\_apply.html</a>.

The schedule is the same as last year and a paper copy of the calendar can be found in this package. Should you need extras, the calendar can be downloaded from the website. We will post a weekly schedule via Twitter at the beginning of each week. Be sure to follow us <a href="@ccarecorregram">@ccarecorregram</a> and enable notifications in order to receive updates. Weather related cancellations will be posted on Twitter as early as possible (hopefully we won't

have many!).

Join us for beach cleanup on Tuesday July 2nd from 10am-12pm, lunch on the beach and then a program in the afternoon from 1pm-3pm. Please come by with your rake and little boat to help us get the beach in tip top condition for the summer! We would like to remind you that the beach fills up quickly and little boats are very much appreciated.

Our recreation program staff for summer 2019 includes: Nikki Cutler as head of the



program, Will Yeigh, Ella Yeigh, Anna Limoges, Lily Chubaty, Eli Chubaty, Jenna Baron, Adam Fraser, Sarah Merry, Melanie Jenkins and Hayden Jenkins. A big welcome to our new staff members!

We can't wait to see all families back at the beach! See you soon!

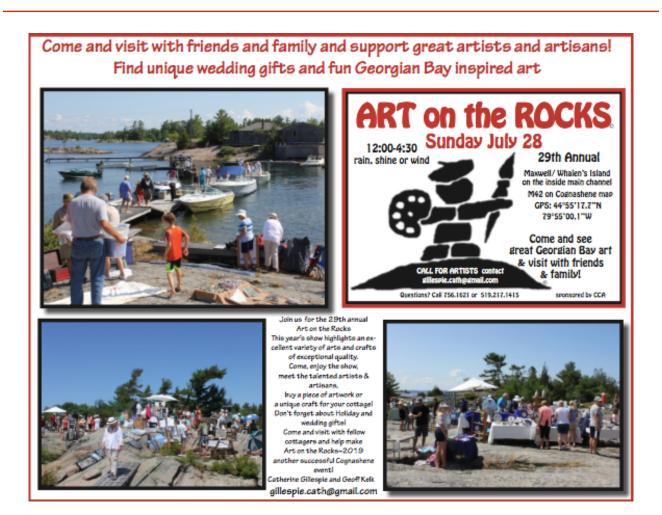
Robyn Corbiere

# Rec Program Head: Nikki Cutler

Welcome everyone to summer 2019! I am extremely thrilled to be the Head of the Program this upcoming summer. For those of you who do not know me, I have grown up spending my summers on the Bay. I have been attending the Rec Program since I was a toddler and have been on staff for the past 4 years. I just completed my first year at Dalhousie University in the Bachelor of Commerce Co-op program. I love Halifax but nothing compares to the summers spent up on Georgian Bay.

The staff and I are very excited and have amazing things planned for this summer. The Program is scheduled to run from Tuesday July 2<sup>nd</sup> to Thursday August 22<sup>nd</sup>, 2019. We will be announcing exciting things such as theme days, boat trips and many other exciting events as we get closer to the summer. Please stay up to date with the website and our social media accounts so your kids don't miss out on any of the fun.

If you ever need me, you can find me at my cottage in the Bay at the top of the Freddy Channel or you can email at nikkicutler1@hotmail.com or give me a call at (647)-404-2311.



# Cognashene Community Church: Caroline Coulson

We invite you to join us in Christian worship at the Cognashene Community Church. In 2019, we will gather every Sunday from June 30th to September 1st (Annual Hymn Sing). Services begin at 10:30 a.m. rain or shine. Everyone is welcome!

The dress is Georgian Bay casual, and the ministers and setting provide a place to recharge your souls and enjoy the opportunity for fellowship with your Cognashene neighbours. Children are welcome to join us every Sunday for crafts during the service. If you have any questions or would like to become involved in the Church, please contact Caroline Coulson (carolinecoulson@mac.com). See you soon!

Caroline Coulson President, Cognashene Community Church

# Water Everywhere-Where do I put my Organics?!: Sandy Thompson

Continuing the theme of waste reduction and waste management, I wanted to circle back to organics and composting (I think I wrote about compost in one of my first articles about 6 years ago.) We have talked about making choices that help to reduce waste and plastics, as well as diverting waste as much as possible to recycling so that it does not go into a landfill. In your Cottager package this year you will receive a colour printout of the recycling streams for the District of Muskoka to help remember what goes into the **Paper Products** stream and what goes in the **Containers** stream.

One of the most meaningful diversions we can do is to compost our organic materials so that they do not end up contaminating recycling and they do not end up producing additional methane in landfills. And because they make up about 50% of our household waste. Organic material that is composted turns back into nutritious soil that can used directly in gardens.

Of course, composting is hard on islands when the bears are hungry! Many people compost at the cottage by only composting green leafy items and those things that bears (and other critters) do not find appetizing. This means no fruits and no fats (meats or bones) when composting on the island.

What do we do with the rest? Well, you can pack them up with your things and take them home with you. This is a good use for the empty cooler space on the way home! If you do not want to carry the organics all the way home, you can drop them off at the Baxter Transfer Station. They take kitchen organics there. The Baxter Transfer Station is located at 980 South Bay Rd (exit 162 off Highway 400) and is open Monday to Friday 8:00am until 4:30pm, Saturdays 9:00am to 4:30pm and **Sundays from 11:00am until 8:00 pm** (May 5 to October 27 this year). The Transfer Stations in Muskoka are all open on Statutory Holidays during the summer.

Included in this newsletter is a sheet of what can and can not go into the Green Bin/Organics in Muskoka. Muskoka's slogan is "If you can eat it, compost it!" (and more as you can put paper plates, napkins and paper towels in there too!) Think of how much less will go to the garbage after a family BBQ if you separate out the organic material! Every municipality is different based on how they manage and process it, so please keep this information handy. Muskoka "windrows" and manually turns their compost piles so some things (like plastics and diapers) that you can put into Toronto's green bins can not be included in Muskoka's organics program (Toronto grinds all of their compost before they pile it which speeds up the degradation process.) Muskoka requires that you use kraft paper bags or Biodegradable Products Institute (BPI) compostable bags.

Dragging organics to the Transfer Station or home may not seem sexy, but, as we have heard in a number of ways and from many incredibly smart people, every little change we make contributes to slowing climate change and preserving all that we love about Georgian Bay.

P.S. – Don't forget the Household Hazardous Waste Drop Off is scheduled for July 20<sup>th</sup> at the Honey Harbour Town Docks!



# JOIN THE #TRASHTAG CHALLENGE TO CLEAN UP OUR SHORELINES

Gather your family and friends to clean up your shoreline this spring and summer of all waste materials that have washed up over the winter. Let's get all the little pieces of plastic and all the blue foam out of the water (we know that breaks down into microplastics and gets into the aquatic life).

Post pictures of your haul and cleanup fun on with both #trashtag and #cognashene

Facebook (Cognashene Cottagers)

Twitter (@cognashenecottagers)

Instagram (@cognashencottagers)

#trashtag #cognashene



# Georgian Bay General Hospital: Jennifer Russell

Imagine you suddenly developed severe abdominal pain that just wouldn't go away...what would you do? For most of us, we would get ourselves to the nearest Emergency Department to be diagnosed.

When you arrive in the Emergency Department at Georgian Bay General Hospital, we will work quickly to assess your condition. **We rely on a portable ultrasound to make critical diagnoses at the bedside**.

This simple, non-invasive and radiation-free technology provides us with a wealth of information about internal organs, tissues and vessels. We use it to identify gall stones, retinal detachment, water in the lungs, congestive heart failure, inflammation in the joints or around the organs, skin infections or abscesses, ectopic pregnancies and blood clots. It also plays a critical role in assessing someone who has been involved in a serious trauma, identifying internal bleeding without having to transfer the patient to our imaging department.

The portable ultrasound unit that we use in the Emergency Department at GBGH needs to be replaced so we can continue to provide fast, accurate diagnosis at the bedside. We use this tool at least 5 times every day—more than 1,800 times each year!

#### We cannot provide exceptional care without it.

A new portable ultrasound unit will cost \$70,000. We need your help to bring this updated technology to Georgian Bay General Hospital. Our Hospital receives no government funding to update or buy new equipment, so the responsibility is on our community to fund all the tools and technology we require for patient care.

Your generosity today will help save lives. You will help ensure patients who come into our emergency department continue to get fast, efficient diagnosis and assessment.

Please visit www.gbghf.ca to make your gift today, or call 705-526-GIVE (4483).

Sincerely,

Dr. Dan Lee

Chief of Emergency Medicine Georgian Bay General Hospital



# CCA "Social" CPR, AED, First Aid Training: Sandy Thompson

The CCA is offering its members a new, exciting opportunity to **learn key life saving skills useful at the cottage and in everyday life in a fun and relaxed environment**. We will be facilitating a 3-4 hour session for all ages, led by Action First Aid instructors, that will give participants training in CPR, the use of AEDs, and targeted first aid topics. The first aid topics have been selected to be relevant to cottage life and possible misadventures. This is not a certification course and is designed to be a fun learning environment for all ages. Limited to 40 people. Refreshments and snacks will be available.

For more information and to register, go to: <a href="https://www.eventbrite.com/e/cca-social-cpr-aed-first-aid-training-tickets-62433988741?">https://www.eventbrite.com/e/cca-social-cpr-aed-first-aid-training-tickets-62433988741?</a>

# Regatta and Long Distance Swim: Barb Russell

### Get Ready for the 94rd Regatta & the 30th Cognashene Long Distance Swim!

This year's Regatta is on Saturday August 3th at 12:30 at Townsend Island (Thank you Davis, Kohler and Endress families). The competitions for the Girls' and Boys' Trophies are only open to CCA members, but nonmembers can compete for ribbons. All events are open to the community, including the Novelty races.

Don't forget to bring cash for The Amazing Cognashene Raffle which is held at the Regatta. There are always fantastic items up for auction and the proceeds from the raffle offset the cost of the Regatta and the Recreation Program. Donations to the raffle are always welcome. You can use your donated raffle item to promote your business or to contribute to the raffle fun. The regatta and raffle are dependant on volunteers and donations, so if you have a raffle donation or would like to volunteer for the regatta, please contact Barb Russell at barbdavegriff@nexicom.net

Rain date is Sunday August 4th.

The long distance swim is on July 27th, at 1pm from Val and Rob Thompson's dock. The David Hopper and John Visser dock is the turn-around point or final destination. This is a rain or shine event and is only rescheduled if there is lightning.

The names of all swimmers and the cottage with the highest number of crossings are recorded in the Cottager for posterity. Everyone receives a participation ribbon too! You might want to start training and recruiting now!

There is only one rule for the Long Distance Swim: Every swimmer must be



accompanied by a person (of suitable strength to lend a hand should the need arise) in a non-motorized watercraft. Swimmers can use any form of flotation. Everyone is welcome so bring your cottage guests. The Long Distance Swim is not a race! If you want to race, come to the Regatta the following Saturday!

# Classified Ads & Cottage Rentals

## Eli's Georgian

## Bay Paper Delivery



What: Saturday paper delivered straight to your dock

When: June 29th to August 31st for a total of 10 Saturday's

How much: 7.50\$ per paper each Saturday How To order: if you are interested please contact me at

gbav.paperdeliverv@gmail.com

#### What is this service?

This service is providing the delivery of the Saturday paper including the Globe And Mail as well as the Toronto Star straight to your dock. Providing a convenient and easy way to get your Saturday newspaper without the need to leave your property. I will be delivering to cognashene and the surrounding area.

# When does it start and when does it end?

I will be beginning the route Saturday June 29th and continuing the route for the next ten saturdays until August 31st.

#### How much?

I am charging 7.50\$ per paper for every Saturday this covers the cost of the papers themselves and the cost of gas to deliver the papers.

How to get In contact?

If you are interested please contact me at <a href="mailto:gbay.paperdelivery@gmail.com">gbay.paperdelivery@gmail.com</a>

A One-Day Plein Air Painting Workshop offered by Katy Rea on Starr Island Saturday, June 8, 2019; 9:30am to 4:30pm, (rain or shine)

Come and join me at my cottage for a full day workshop led by visiting artist Jonathan Davis <a href="http://www.davisdimension.com">http://www.davisdimension.com</a> on the art and practice of painting en plein air.

You'll learn about how to compose a live scene, reduce the scene to simple values, colours and shapes, tricks for making plein air easier and much more. Jonathan will begin the day with a tutorial and demonstration and then provide 1:1 instruction throughout the day. By day's end, you'll feel more comfortable and confident with your plein air technique.

#### Fee:

\$100 for members and \$115 for non-members.

Materials list provided upon registration, and a light lunch will be provided.

For questions or further information:

Katy Rea: 416-704-0121 katy.rea@hotmail.com





**Luke Smith** 

Email: docksidetennis@gmail.com Phone: (416)528-1615

Please contact for further information





#### **Cottage for Rent**

If you're looking to rent a cottage with a view in June or September 2018, let me know! 7 yrs old 3 bedroom cottage located at the Cognashene Narrows offers modern amenities, use of kayaks and spectacular views.

Please contact Scott Setchell at <u>scottsetchell@me.com</u> or call 902-718-6289





on the Hangdog
Channel.
Includes kayaks, canoe,
Lund with 15 hsp and
paddle boat.
Please contact Sue Vale
for details and availability
at
suervale@hotmail.com or



**Albacore sailboat** in great condition **for sale**. Great for learners and racers alike. Asking \$1900 OBO (serious offers only, please) Call or text 416-543-9637.





#### For Sale:

Rave Water Trampoline \$800.00 Like new, 5 years old, perfect condition... no leaks or no patches!

#### **Contact:**

Dan Catton, Mitawanga Island 519-619-0802

dcatton@fvg.ca



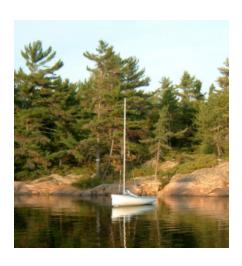


For Sale Leather couch \$350.00 and living room chair \$150.00 or best offer. Contact Bob Baines at 705-756-4727.

### Sailboat looking for a good home!

CL 16 for sale; not new but in good condition and ideal for sailing in Cognashene. Asking \$500.00. Call John McKee at 416-617-1287 or email johndmckee@mac.com

Caravelle sailboat for sale. Seaworthy but needs a bit of work. \$350 Contact Bob Baines 705-756-4727



#### Job Posting: Georgian Bay (Cognashene) Summer Ambassadors 2019 - Phrag Busters!

Do you want to work in the best place in the world for the summer? Once again, the CCA, in association with Georgian Bay Forever (GBF) and the HHA, are looking for around 4 summer students to act as Ambassadors to assist in the education and control of *Phragmites Australis*. (see <u>GBF website</u> for details on the fight against Phrag). We are looking for 2 students from the Cognashene area to work as part of the larger team but to also focus on the Phrag in Cognashene.

The Phrag ambassadors will be responsible for mapping Phragmites stands in Cognashene and Honey Harbour as well as assisting in the delivery of local educational programs, and assisting in, organizing, and conducting community cutting activities as needed. Educational activities will include assisting in organizing and speaking at group events as well as dock visits to educate property owners on how to identify and eradicate invasive Phragmites on their property. Communicating current initiatives of other stakeholder groups such as Parks Canada, MNR, and the Ontario Phragmites Working Group will be disseminated, as well as providing information on the local cottager association. These activities will progress from education and mapping in the early summer, to cutting in August. Ambassadors may also be required to transport GBF University research teams to various sites around Honey Harbour and assist in other research activities throughout the summer.

Students will work in teams of two in boats and therefore, we will be looking for at least 2 candidates that are strong boat drivers and navigators (who know the waters throughout Honey Harbour and Cognashene). Overall, each team of two must have excellent boating and navigation skills, communication and education skills, as well as an ability to cut and haul reeds. Orientation and background training will be provided prior to the start of the summer. Orientation is expected to be the week after the May long weekend in Honey Harbour to be on the water for early June. Students will be expected to work through the mid to end of August and are required to provide a written summary or the activities prior to the end of the role.

#### Skills and Competencies:

- · Must possess a valid driver's license and Pleasure Craft Operator Card.
- Must be competent with marine navigation and charts and how to operate GPS systems.
- · Working knowledge of Sonar equipment and Chartplotters an asset. Training will be provided.
- Must have good knowledge of the coastal waters of Georgian Bay especially Honey Harbour, Cognashene and Go Home Bay. Use of a personal boat would be an asset but not required.
- · Must have good interpersonal skills to initiate dock-side discussions and communicate information.
- · An Environmental Sciences related education is a benefit (a passion for environmental sciences is a MUST!)
- · Demonstrated ability to manage time, co-ordinate community activities, and communicate with team members.
- · Be willing to make public presentations.
- Must be available to work weekends.
- · Must have a cell phone capable of running the EDDMaps Android based software app.
- · Be in good physical condition and able to operate manual and powered cutting tools.
- Be confident in the water and a competent swimmer with an excellent knowledge of water safety practices.
- · Keep excellent records and documentation on activities, participants, and outcomes of summer activities.

Interviews will be conducted by the CCA and GBF and summer co-ordination will be with GBF, HHA and CCA representatives.

Interested applicants please send resume to Sandy Thompson (<a href="mailto:environment@cognashene.com">environment@cognashene.com</a>). Please contact Sandy Thompson with questions.